

Total Rewards.  
Total You.



# Making Smart Choices

Our **Total Rewards** e-Newsletter promotes the many free benefits and resources to keep you and your family well at work and at home.



## Enrolling in 2024 benefits

Open Enrollment is **November 1 through 17**. Be sure to log in to [BenefitConnect](#), our new enrollment system replacing PeopleSoft, to review your elections, use our new **Help Me Choose** decision tool, make any necessary changes to your eligible dependents, and update your beneficiary information.



## Exploring your options

Visit the [Open Enrollment Virtual Benefits Fair](#) to learn about your 2024 benefits, including our new Go4RN and enhanced tuition reimbursement program, diabetes and cancer management, Sword for virtual physical therapy, and more! Be sure to check out Rally, our digital wellness platform, to learn how to be one of **20 winners of FREE medical insurance** for a year.



## Finding time for you

Taking breaks and recharging is not just a perk, it's a smart way to care for your well-being. Work with your manager to schedule some much needed [time off](#). Fall is a great time to visit a pumpkin patch or go apple picking, take a bike ride, or hike in your local park. Check out how your benefits team is spending their time off and [share a picture](#) of your favorite fall activity by using #Fallvacation!



**Have questions?** Please visit the **ESC** or call 855-362-6247.  
Like what you read? How are we doing?  
Tell us at **[employee.communications@fmc-na.com](mailto:employee.communications@fmc-na.com)**.



You're an important part of Fresenius. In return for all that you do, we provide you with a wide range of Total Rewards, including benefits and programs focused on supporting your overall well-being — the Total You.

Our Health, Wealth, Career, and Life benefits and programs are designed to help you thrive at work and at home. For more information, visit the enhanced ESC or download the Total Rewards mobile app.