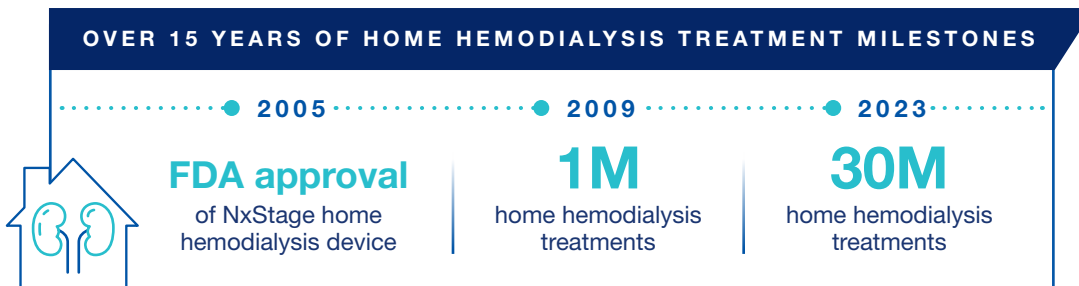


# Home Dialysis

## MAKING LIFE BETTER FOR EVERY PATIENT EVERY DAY

**Our purpose is to create a future worth living for patients. Worldwide. Every day.**

At Fresenius Medical Care, we care for patients with chronic kidney disease (CKD) at all stages of their journey. For patients with end stage renal disease (ESRD) who require dialysis to maintain their kidney function, we believe — after kidney transplantation — home dialysis should be the first-choice treatment option for all patients.



*Fresenius Medical Care/NxStage Data*

## How We Are Working to Overcome Barriers and Advance Home Therapies

Home dialysis can provide more independence, higher quality of life and better health outcomes. And, new, simple to use devices and connected technologies linking patients to 24/7 support make home dialysis easier and more accessible. Yet, many people are unaware of its advantages.

**Fresenius Medical Care is pioneering new methods to inform and educate patients about home dialysis.**

- ▶ Partnering with the Mississippi Department of Health, Fresenius Medical Care/Fresenius Kidney Care is using **immersive virtual reality technology** to educate patients in rural areas on the benefits of home therapy. Through VR simulation participants can journey through the home dialysis process to better understand what it involves.
- ▶ A first-of-its-kind **home training program** aims to foster a sense of community for people living with kidney disease as they prepare together for home dialysis. A dedicated care team supports, educates and guides patients on the ins and outs of home therapy, including setup of their home dialysis stations.
- ▶ More than 100 **transitional care units** (TCUs) inside dialysis centers around the country offer more intensive education and hands-on training for patients new to dialysis or those transitioning between treatment modalities. Approximately 45% of all participating patients choose home dialysis after completing the 4- to 6-week program.



**94%**

**of people on home dialysis said our training provided clear instructions on how to use their dialysis equipment and supplies with confidence.**

### A Proven Approach

#### The Centers for Medicare and Medicaid Services

(CMS) evaluated

Fresenius Medical Care/Fresenius Kidney Care's successful efforts to increase adoption of home dialysis (15% growth in 2019, 40% growth in 2020) and concluded that **targeted home dialysis education programs are the most effective solution** for encouraging patients to consider this mode of treatment.